



Waiver of Liability, Assumption of Risk, and Indemnity Agreement for High Risk Clubs

Waiver: In consideration of being permitted to participate in any way in high risk clubs, I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** the Wheelock Student Center of the University of Puget Sound, Associated Students of the University of Puget Sound, the University of Puget Sound, the state of Washington, the Trustees of the University of Puget Sound, and their officers, employees, volunteers and agents **from any and all claims** resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in the high risk clubs (Please initial _____).

Assumption of Risks: Participation in high risk clubs carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death.

I am aware that _____ is an activity involving physical contact and cardiovascular stress; specific hazards or risks involved in the _____ club include, but are not limited to the following.

- Potentially permanent dental trauma, facial and outer ear deformities, with the possibility of blindness or deafness
- Risk of sprains, bruises, broken bones, and head injuries from participants or equipment
- Serious risk of all bones, joints, muscles, and internal organs from unexpected contact or reckless contact of other participants
- High risk of hand, wrist or shoulder injury from negligent use of equipment and/or regular training
- High risk of dehydration, heatstroke, and concussions from training, sparring or fighting
- Risk of emotional and psychological injuries or damage
- Risk of social or economic losses due to such inherent risks
- Risk of death
- Other _____

